



Social Determinants of Health and their
impact on service delivery & outcomes

PACDAA Case Management Conference

April 25, 2019



One Word/ Two Perspectives:

HEALTH

The PA Department of Human Services is placing greater emphasis on addressing social determinants of health.

“A person’s health is more than just what happens inside of a doctor’s office. Their job, education level, access to food, and their housing situation all affect their health,” said Secretary Miller.

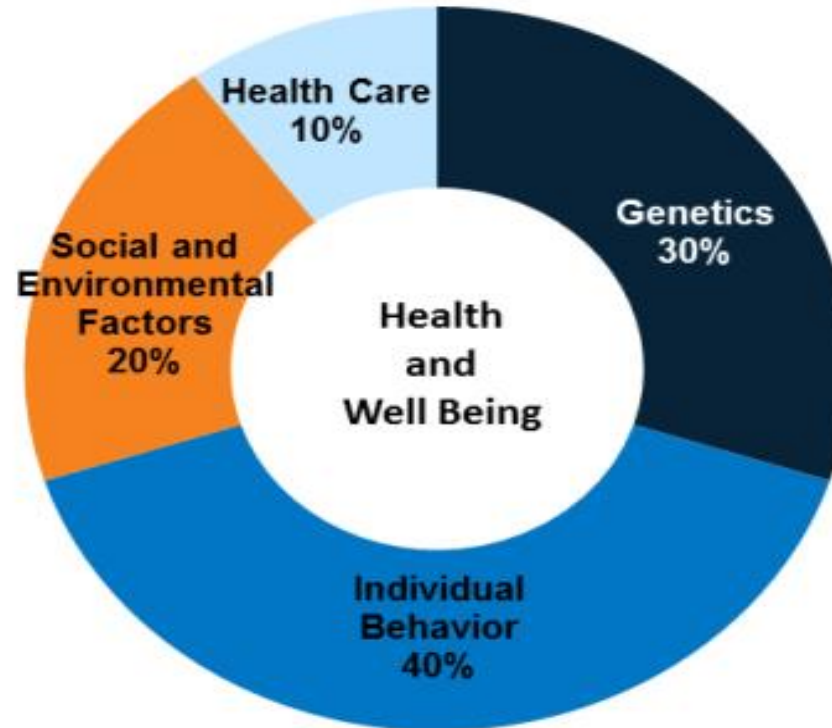
“Our goal is to empower Pennsylvanians to live fulfilling lives and build stronger communities. Understanding the whole person and the individual circumstances they face is critical as we work to ensure that services provided are putting the people we serve on a path to improved long-term outcomes like better health, success in employment or education and training, or self-sufficiency.”

So...What are Social Determinants of Health?

- ➔ **Social determinants of health are conditions in the environments in which people are born, live, learn, work, play, worship, and age that affect a wide range of health, functioning, and quality-of-life outcomes and risks.**
- ➔ **The conditions in which we live explain in part why some of us may be healthier than others and why some are not as healthy as we could be.**

Figure 2

Impact of Different Factors on Risk of Premature Death



SOURCE: Schroeder, SA. (2007). We Can Do Better — Improving the Health of the American People. *NEJM*. 357:1221-8.



Source: <http://kkf.org/disparities-policy/issue-brief/beyond-health-care-the-ole-of-social-determinates-in-promoting-health-and-health-equity/>

SIX WAYS TO TALK ABOUT SOCIAL DETERMINANTS OF HEALTH:

Source: ROBERT WOOD JOHNSON FOUNDATION

1. Health starts—long before illness—in our homes, schools and jobs.
2. All Americans should have the opportunity to make the choices that allow them to live a long, healthy life, regardless of their income, education or ethnic background.
3. Your neighborhood or job shouldn't be hazardous to your health.
4. Your opportunity for health starts long before you need medical care.
5. Health begins where we live, learn, work and play.
6. The opportunity for health begins in our families,

5 Social Determinants of Health:

- *Economic Stability*
- *Education*
- *Social and Community Context*
 - *Health and Health Care*
- *Neighborhood and Physical Environment*



Identifying Key Issues

SD #1: Economic Stability (ES)

Employment
Food Insecurity
Housing Instability
Poverty

SD #2: Neighborhood and Built Environment (NPE)

Access to Foods that Support Healthy Eating Patterns
Crime and Violence
Environmental Conditions
Quality of Housing

SD #3: Education (E)

Early Childhood Education and Development
Enrollment in Higher Education
High School Graduation
Language and Literacy

SD #4: Community & Social Context (CSC)

Civic Participation

Discrimination

Incarceration

Support Systems

Social Cohesion

SD #5: Health Care System (HCS)

Access to Health Care / Services

Provider Competency

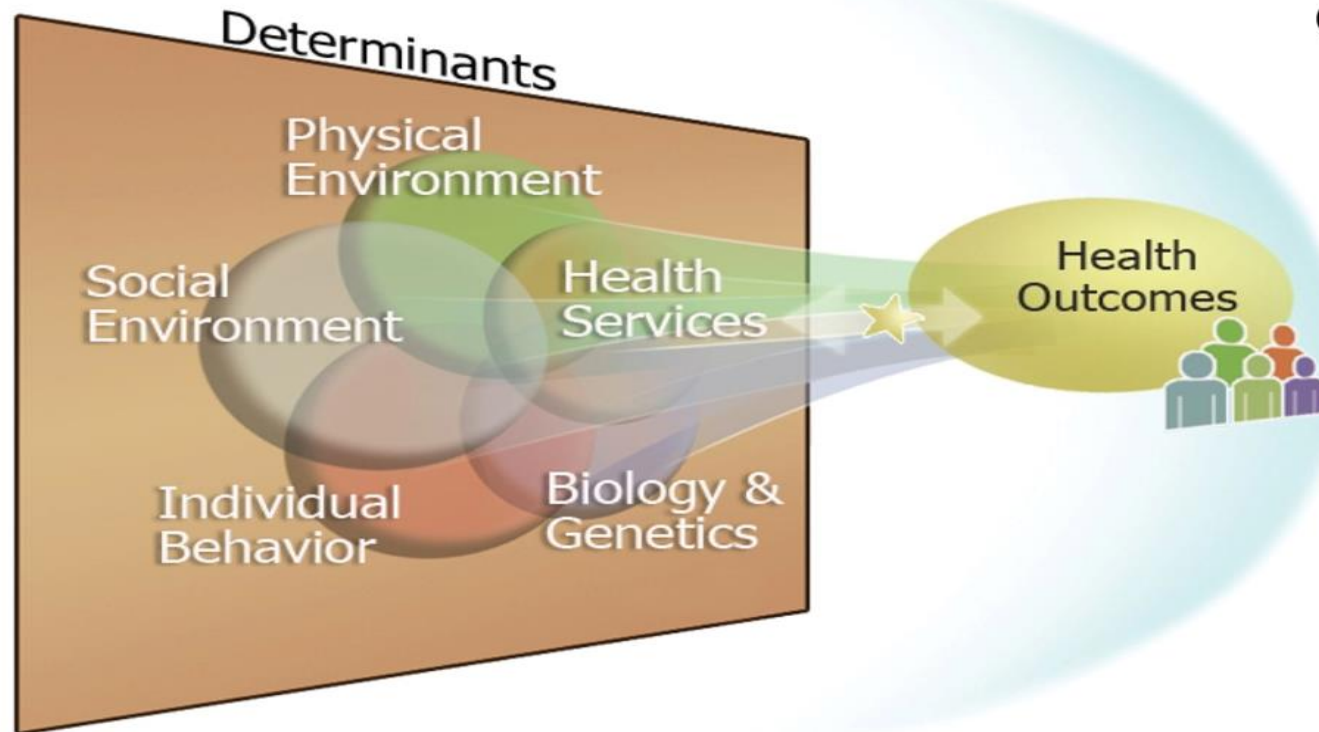
Health Literacy

Access to Care

Quality of Care

Healthy People 2020

A society in which all people live long, healthy lives



Overarching Goals:

- Attain high quality, longer lives free of preventable disease, disability, injury, and premature death.
- Achieve health equity, eliminate disparities, and improve the health of all groups
- Create social and physical environments that promote good health for all.
- Promote quality of life, healthy development and healthy behaviors across all life stages.

Explore Resources Related to the Social Determinants of Health

Nearly everyone is impacted by the [social determinants of health](#) in one way or another. Healthy People 2020 organizes the social determinants of health around five key domains: (1) Economic Stability, (2) Education, (3) Health and Health Care, (4) Neighborhood and Built Environment, and (5) Social and Community Context.

To create effective programs, we must work collaboratively across sectors to address the unique needs of their community. Below are a variety of resources, organized by domain, to help you get started and explore the ways communities across the country are addressing social determinants of health.

View content related to:

All Domains



Economic Stability



Education



**Health and Health
Care**



**Neighborhood and
Built Environment**



**Social and
Community Context**



For the data divas and stat rats among us.....

Healthy People 2020 is also great resource for data, resources and information!

There are more than 1,200 objectives in Healthy People 2020

Many objectives focus on interventions that are designed to reduce or eliminate illness, disability, and premature death among individuals and communities. Including 21 goals and 44 specific objectives related to substance abuse.


www.HealthyPeople.gov



Source: The National Resource Center on Nutrition & Aging, Healthy People 2020- SDoH; Kaiser Family Foundation; Campaign to End Loneliness; National Academy of Medicine- SDoH 101; Patient Engagement HIT

Jeff and Chad

A Case Management Service Plan
Exercise

A photograph of two men sitting side-by-side, holding large white signs with handwritten text. The man on the left is wearing a dark suit jacket, a white shirt, and a patterned tie. The man on the right is wearing a white tank top. The background is a plain, light-colored wall. The entire image is framed by a thin orange border.

I Had Homecooked
Meals Every Night.
There were two Grocery
Stores Within A Mile Radius

My meals were often
frozen TV dinners from
the convenience store-
the grocery store was a
half hour away.

WRAP-UP

Questions or Comments?



For more Information about SDOH, National Objectives and Resources...

<https://www.healthypeople.gov/> (National Data)

<https://www.health.pa.gov/topics/HealthStatistics/HealthyPeople/Pages/healthy-people.aspx>

(State and County Data)

<https://www.rwjf.org/en/our-focus-areas/topics/social-determinants-of-health.html>